

Community Center Lap Pool Schedule

January 11 - March 7, 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30am - 8:45am Lap Swim	5:30am - 10:00am Lap Swim	5:30am - 10:30am Lap Swim	5:30am - 10:00am Lap Swim	5:30am - 9:00am Lap Swim	6:45am-8:00am Lap Swim
7:45am-10:00am Lap Swim	8:45am - 9:30am Aqua Zumba				9:00am - 10:00am Aqua Circuit	8:00am - 9:00am Open Swim Lanes 1-2
10:00am - 8:00pm	9:30am - 10:30am Lap Swim	10:00am - 11:00am		10:00am - 11:00am	10:00am - 7:00pm	Adult Lessons Lanes 3-4
	10:30am - 11:30am Seniorcize	Aqua Aerobics	10:30am - 11:30am	Aqua-Lates		9:00am - 10:00am Aqua Aerobics
Open Swim Lanes 1-2 Lap Swim Lanes 3-4	11:30am - 4:00pm Open Swim Lanes 1-2 Lap Swim Lanes 3-4	11:00am - 4:00pm Open Swim Lanes 1-2 Lap Swim Lanes 3-4	11:30am - 4:00pm Open Swim Lanes 1-2 Lap Swim Lanes 3-4	11:00am - 1:00pm Open Swim Lanes 1-2 Lap Swim Lanes 3-4		10:00am - 2:00pm Swim Lessons
				1:00pm - 2:00pm M-NASR Lanes 1-2	Open Swim Lanes 1-2 Lap Swim Lanes 3-4	
	4:00pm-6:00pm Swim Lessons	4:00pm - 6:00pm	4:00pm-6:00pm	Open Swim Lanes 3-4	7:00pm - 10:30pm	2:00pm-8:00pm Open Swim Lanes 1-2 Lap Swim Lanes 3-4
		Have Dreams Lanes 1-2	Swim Lessons	2:00pm - 6:00pm Open Swim Lanes 1-2 Lap Swim Lanes 3-4	Open Swim	
	6:00pm - 7:00pm Aqua Aerobics	6:00pm - 8:00pm	6:00pm - 7:00pm	6:00pm - 8:00pm		
	7:00pm - 8:00pm Aqua-Lates	Swim Lessons	Aqua Aerobics	Swim Lessons		
	8:00pm - 10:30pm Lap Swim	8:00pm - 10:30pm Lap Swim	7:00pm - 7:45pm Lap Swim	7:00pm - 7:45pm Lap Swim		
			Lifeguard Class Lanes 1-2	8:00pm - 10:30pm Lap Swim		
			Lap Swim Lanes 3-4			

Please refer to the reverse side for the leisure pool schedule and any other announcements.....