

PARK RIDGE PARK DISTRICT
SENIOR CENTER

NOVEMBER 2011

100 SOUTH WESTERN AVENUE

847-692-3597

WWW.PRPARKS.ORG

Dear Senior Center Member:

This letter brings you important, accurate news about the Park Ridge Park District Senior Center as we go forward together on behalf of our senior community. While there have been many rumors, thoughts and opinions passed around, I assure you that the Park District will remain a constant in the lives of the residents who support and use the Senior Center.

As of September 15, 2011, the Park Board voted to continue working with Senior Services, Inc. on an advisory basis. We acknowledge with deep appreciation the long-standing involvement of Senior Services, Inc. for its important donations to improve the Park Ridge Park District's Senior Center facility over the years. We also sincerely value, and will continue to seek advice and insights from members of the Senior Senate.

As we have all along, the Park District will continue to provide for our seniors a wide variety of engaging programs, trips, classes, services and events, including a number that are free of charge. Some of our popular free seminars are taught by seniors themselves and we welcome their continued, talented involvement. We will continue to welcome seniors for casual drop-in visits during open hours and to make the facility and staff available for special fundraising events. To cultivate additional revenue sources, we will promote rentals at the Senior Center for business meetings, club meetings and social events, and we will implement a variety of cosmetic improvements to make the facility an even more comfortable, attractive place.

In the very near future, I will be setting the date for an informal meeting at the Senior Center when you, and other members, can ask any questions you may have about our upcoming plans. Meanwhile, the Park District's elected board and staff truly appreciate your support, and we welcome your ideas. We understand that a successful future builds on the past, and we are fully committed to retaining what works as we transition into the future.

Most sincerely yours,
Gayle Mountcastle, Executive Director
Park Ridge Park District
847-692-3442 gmountcastle@prparks.org

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CLUB NEWS

Genealogy Group

Monday, November 14 at 10am - Are you interested in tracing your family roots or do you have information to share? There is no charge for this group. Barb Ingolia is the moderator.

Gamers

Every Friday afternoon meet your friends and play games. Most participants come to play dominos or Hand and Foot, but some play Rummikube or Scrabble. New friends always welcome!!

Money Matters with Chris Valentine

Monday, November 7 and 21 at 10am - We all have questions about our finances and what we can do during these difficult economic times. Chris has great information to share. All are welcome.

“Book Worms”

Thursday, November 3 at 1pm - This group gives you an opportunity to read a variety of types of books and discuss them in an informal setting. The books are distributed at each meeting and discussed the following month. Terry Caldrone leads the discussion.

Camera Club

Tuesday, November 22 at 10am - We will view the Grand Portage fur Trading post on Lake Superior. More beaver pelts were traded here by the Indians to the Scot traders than at any other post. Watch for a new exceptional print photo display in the Center hallway. Please bring digital camera questions to our Mentor at the monthly meetings.



Duplicate Bridge

This group plays on Friday mornings at 9am. Partners are required. If you would like to join the group, call Gil Powell at 847-696-1816. The charge is \$2 per couple and prizes are given weekly.

Men’s Club

Tuesday, November 1- Continental breakfast at 8:30am followed by the monthly planning meeting at 9:30am. Items under discussion are the Pancake Breakfast and speakers and programs for the new year. All men are invited to attend and offer their suggestions.

Tuesday, November 8- Continental breakfast is at 8:30am. There is a short business meeting at 9:30am followed by the guest speaker. We are pleased to have Dan Brandt as our speaker. Dan is a priest who recently became the Chaplain for the Chicago Police Department. He is also the son of members, Maureen and Tom Brandt. Dan will tell us what it is like to have this type of job. All Center members and guests are welcome.

Opera-Arts with Leo Rizzetto

All programs begin at Noon. Please be on time!

Thursday, November 10: Richard Strauss: “Salome” From the Royal Opera House at Convent Garden we have this not-to-be missed masterpiece. Maria Ewing in the title role acquits herself magnificently, possessing both the voice and perfect form all the way through the “Dance of the Seven Veils,” where she removes all seven!! At the initial rehearsals Strauss would say to the orchestra “Louder, louder, I can still hear the singers,” so you can understand that the orchestra is a most important “character.” This will be the only program this month because of Thanksgiving. Fully subtitled .

CLASSES



Yoga

New eight-week session begins November 10. Instructor is Doug Erickson. New students may try the first class for free.

Level	Day	Time	Fee
All levels	Th	1:30pm	\$40

Art Workshop

This eight-week session begins November 14 and is co-taught by Rae Penzin and Beverly Ellstrand. The first 4 weeks will be water color and the second 4 weeks will be acrylic. Take advantage of this great opportunity to have class with two very talented artists.

Level	Day	Time	Fee
All levels	M	10am	\$60

Ukulele

Peg Mistak leads this eight-week session beginning November 3. You must provide your own ukulele.

Level	Day	Time	Fee
Beg	Th	2:30pm	\$22

PARK RIDGE POLICE BREAKFAST CLUB

This monthly program is brought to us by the Park Ridge Police Department. Topics are of current interest to seniors. Breakfast is provided free (courtesy of Panera & Jewel) and begins at 9am. The program follows. There is no charge, but please let us know if you plan to attend. The November date is November 15.

Tidbits From Teresa

The Variety Show for 2011 has been a super success. The cast, orchestra, and crew put on a show to remember. Nearly 450 people attended the show with the Steak Fry or the matinee in October. In October and December, we're taking the show on the road and will be earning some money for the Senior Center. Thanks to our outstanding cast and crew and also to those who came to watch us and encourage us.

Please be reminded that the Senior Center will be closed on November 24 & 25 for the Thanksgiving holiday. The Center will be open regular hours Saturday and Sunday.

The Senior Center will be the sponsor of the Sunday Supper at St. Paul of the Cross on Sunday, December 4. If you would like to volunteer to help with the supper, please call the Center and let us know. It is usually about 1 ½ - 2 hours.

The Senior Center Bazaar is one of our biggest events of the year; we hope you will plan on attending. The hours are from 10am-3pm. The date is Saturday, November 5.

Teresa Grodsky

IMPORTANT NOVEMBER CANCELLATIONS

Please note that there will be no exercise class on Friday, November 4 due to the set up for the bazaar and on Friday, November 11 due to our Veteran's Day breakfast.

Pinochle will not be held on Saturday, November 5. Be sure to stop in at the Bazaar.

NOVEMBER PROGRAMS

Annual Holiday Bazaar

Handmade holiday crafts, sweaters and afghans, baked goods, yesterday's treasures and much more will all be for sale during our Annual Bazaar. Bring your wallet and a friend and support the Center with this great fund-raiser! Lunch will also be available for purchase.

Day	Date	Time
Sat	Nov 5	10:00am - 3:00pm

Veteran's Day Event

We are looking forward to honoring our veteran's this month. There will be a breakfast, music, and a talk by veteran Mike Lake. **Breakfast is free to our Vets.** All members are encouraged to attend.

Day	Date	Time	Fee
F	Nov 11	9am	\$8



Game Day

Summit of Uptown will provide a light sandwich lunch followed by a game called "Whammo" with prizes. You must sign up in advance on our registration form.

Day	Date	Time	Fee
Th	Nov 17	11am-1pm	Free

Women's Club

World traveler, Bill Helmuth, will be presenting his travelogue, "The Kingdom of Jordan." Jordan, once an important cradle of Biblical civilization, has been transformed into a modern monarchy. His trip includes Petra, Amman, the Dead Sea, and the desert wonder of Wadi Rum. There will be a luncheon preceding the program. Entrée will be sautéed artichoke chicken with potato, salad, and dessert. Guests are welcome.

Day	Date	Time	Fee
Tu	Nov 15	12:30pm	\$14

Thanksgiving Celebration

Celebrate Thanksgiving with your Senior Center friends! A traditional Thanksgiving meal catered by Inglenook and entertainment by vocalist and musician, Joel Barry, will be the program for the day. Guests are welcome.

Day	Date	Time	Fee
M	Nov 21	12:30pm	\$15

Charles Dickens

The great 19th century author will be brought to life by Terry Lynch. In 2012, Dickens will celebrate the bicentennial of his birth. As the date approaches, Dickens reflects on his life and discusses his best loved works. Lunch will be served before the program. Menu includes lasagna with meat sauce, salad, and dessert.

Day	Date	Time	Fee
W	Nov 30	12:30pm	\$14.50

Variety Show Cast Celebration

The Cast of the 2011 Variety Show will have a cast party on Wednesday, November 16 at 1:30pm. We'll have refreshments and view the video of the show. Cast and crew members should RSVP by Monday, November 14. Call the Center at 847-692-3597.

FUN & GAMES

Bowl at River Rand Bowl in Des Plaines on Thursdays at 1pm. \$4.50 for two games or \$6.25 for three games.

Wii Bowling - November 2 & 16 at 1pm. New bowlers welcome. Interested in finding out more? Come early and Hank Huges, our Wii Master will show you how its done! Free.

Table Tennis -Tu/W/Th at 1pm. All abilities welcome. Free.

B I N G O

Wednesday, November 9 at 1pm is Bingo Only; the fee is \$1 at the door. Friday, November 11 at 3:30pm is Bingo and dinner. Reservations are required by November 9 at 5pm and the charge is \$6. On the dinner menu is spaghetti with garlic bread.

SERVICES

These services are offered to any area senior, members and nonmembers.

Blood Pressure and Blood Sugar screening will be on November 18 from 9am-10:15am. No appointments necessary and no charge. Blood pressure will be taken by Nurse Nora and blood sugar taken by St. Matthews for Health.

Free Notary Service is available weekdays by appointment. Bring proper identification and the document to be notarized.

Rules of the Road Review is scheduled for November 1 from 9am-11am at the Senior Center. It is an excellent class that will prepare you for taking your driver's license test. There is no charge but call if you plan to attend.

Driver Safety, sponsored by AARP, is a defensive driving course, that upon completion may entitle you to a discount on your automobile liability insurance. The class dates are December 6 & 8 from 9am-1pm. The charge is \$12 for AARP members; \$14 for nonmembers. Make checks payable to AARP. Pre-registration required. Call 847-692-3597.

Cynthia Phon, social worker, is at the Center on Wednesday's from 9:30am-Noon. Cynthia has a wealth of resource information that can assist you in any concerns. Appointments are not taken and there is no charge. Cynthia will not be available on November 30.

Senior Center Lending Closet has canes, walkers, shower benches, wheelchairs, and other items. If you are in need of a short-term equipment loan, give us a call.

A **Wellness Screening** will be offered on Wednesday, November 9 from 8:30am-11:30am at the Senior Center. This test is an excellent way to keep a check on your good health. Blood is drawn at the Center and sent to a lab for analysis. The results are then sent directly to your home. The cost of the test is \$69 and can be paid the day of the screening. Please call the Center and let us know if you plan to take advantage of this great opportunity. Participants should be sure to fast for 8-12 hours before the test. This screening is open to all...members, neighbors, family and friends.



NOVEMBER BIRTHDAYS

Oscar Garber	1
Ann Ziemba	1
John Corcoran	2
Ralph Di Febo	2
Eleanor Mensinga	2
Janet Hitzman	3
Donald Russo	3
Muriel Smith.	3
Aida Arita	4
Melvin Langtim	4
Neil Santee	4
Marian Moloney	5
Dolores Smith.	5
Len Kazmer.	6
Marion Okon	7
Florence Phillips.	7
Mildred Cambensy.	8
Virginia Schoy.	8
John Wendt	9
Shirley Danile	10
Emily Berjer	11
Alice Kolar.	11
Loretta Owens	11
Pat Roche	11
Sandra Iverson	12
Dorothy Bengtson	13
Kay Collins.	13
George Heinz	13
Margaret Lundgren	13
Joan Janus	14
Emil Pfennenger.	14
Jan Zeunert.	14
Robert Dudley	16
Eileen Hoffmann	16
Charles Jackson	17
Connie Musillami	18
Rita Joyce	20
Angie Krause.	20
John Tardi	20
Lori Di Silvestro	21

Joanne Lueder	21
Richard Blaine	22
George Bosy	22
Irving Roberts.	22
Edward Sledz	22
John VandenBrink	22
Marie Ann Druschitz	23
Mary Kendrick	26
Gary Nyberg	26
Joan Le Valley.	27
Judy Meuret	27
Marion Poyer	27
Jack Cole.	28
Barbara Peterson	28
Giselle Clark	29
Victor Kamka	29
Tony Mondo	29
Santa Niedorkorn.	29
Leon Tate	30

Membership

Memberships are important to the Senior Center and its programming. We are always seeking new members and encourage you to reach out and tell your friends of the wonderful activities, programs and events they can be a part of at the Senior Center.

Membership dues are:

Single - \$45 resident/\$63 nonresident

Couple - \$68 resident/\$97 nonresident



November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 - Men's B'fast 9 - Rules of the Road 9:30 - Men's Planning	2 1 - Wii Bowling	3 12:30 - Book Discu- sion	4 NO EXERCISE Bazaar Set-Up	5 Senior Center Holiday Bazaar 10am-3pm
6	7 12:30 - Just Lunch	8 8:30 - Men's B'fast 9:30 - Men's Club	9 1 - Bingo 8:30 - Wellness Screening 10:30 - "Joseph"	10 Noon - Opera 1 - Couple's Bridge	11 9 - Veteran's Event 3:30 - Bingo & Dinner	12
13	14 10 - Genealogy 1 - Pinochle	15 9 - Police Breakfast 12:30 - Women's Club	16 1 - Bridge Mixer 1 - Wii Bowling	17 11 - Game Day Event	18 9 - Blood Pressure & Blood Sugar Screening	19
20	21 11 - Writer's Workshop 12:30 - Thanksgiving Lunch	22 10 - Camera Club	23	24 <i>Happy Thanksgiving!</i> Center Closed	25 Center Closed	26
27	28 10 - Senior Senate	29 10:15 - Martinis & Mistletoe	30 12:30 - Charles Dickens	31		
<i>Sunday</i> 1—Bridge Mixer	<i>Monday</i> 9 & 10:30—Exercise 9:30—Ceramics 10—Art Workshop 2:30—Uketones	<i>Tuesday</i> 9:30—Ceramics 11:30—Yoga Noon—Cards 1—Table Tennis	<i>Wednesday</i> 9 & 10:30—Exercise 9:30—Social Work'r 10—Discussion Gr'p 1—Table Tennis	<i>Thursday</i> 9—Computer Club 9—Diet Club 9—Woodcarving 10:15—Humanities 1—Table Tennis/Bowl'g 1:30—Yoga 2:30—Ukulele	<i>Friday</i> 9 & 10:30—Exercise 9—Duplicate Bridge 1—Gamers	<i>Saturday</i> 1—Pinochle

DECEMBER EVENTS

Women's Club Christmas Party

Join the group at Chamber's Restaurant in Niles for a great lunch (your choice of barbecue ribs and shrimp or chicken marsala), games, singing, and Santa!

Day	Date	Time	Fee
Th	Dec 1	Noon	\$24

Men's Club Christmas Party

All Center members are invited to celebrate with the Men's Club. The party includes a lunch catered by Inglenook and musical entertainment by Edizon Dayao.

Day	Date	Time	Fee
M	Dec 5	12:30pm	\$14

Golfers End of the Season Banquet

All of our golfers will wind up their season with a luncheon at the Park Ridge Country Club. Golf participants and their guests are invited! On the menu - soup, roasted stuffed chicken breast with potato, vegetable and the Chef's special holiday dessert. A short program and announcement of the Ladies and Men's Golfer of the Year.

Day	Date	Time	Fee
Tu	Dec 6	11:30am	\$30

"An Afternoon at the Oscars"

Put on your party clothes and be prepared to walk the "red carpet" during the exercise class holiday party. Lunch will be catered by Inglenook with entertainment to follow by vocalist, Greta Pope. Of course, there will be extra fun planned by instructor, Jo Buck!



Day	Date	Time	Fee
F	Dec 16	Noon	\$14

Senior Center Holiday Party

Our annual party will be at Casa Royale Banquets in Des Plaines. This party will feature lunch, a holiday musical program by singers Bill and Susan Reitsma, and a visit from Santa Claus bearing gifts! Menu includes cream of chicken rice soup, your choice of baked salmon with dill sauce or London broil and chicken combination, potato, vegetable, and dessert. There will be tables of 10. Let us know your seating preference.

Day	Date	Time	Fee
Tu	Dec 13	11:30am	\$29.50



Holiday Music Celebration

This is our final event of our 30th Anniversary Year! Plan to join us for a musical afternoon featuring 3 of our performing groups doing holiday songs. The Men's Follies group, the Uketones, and the Senior Center Chorus have all prepared programs for the day. Come and listen and enjoy holiday cheer with your friends.

Day	Date	Time	Fee
Sun	Dec 18	1:00pm	\$5

New Year's Cabaret

Celebrate the arrival of 2012 at our Senior Center Cabaret. There will be music by Laura Freeman, games, refreshments, and a chance to bring in the New Year with friends.

Day	Date	Time	Fee
Th	Dec 29	1:30pm	\$13.50

DECEMBER PROGRAMS

Pancake Breakfast

This breakfast, sponsored by the Senior Center Men's Club, includes all-you-can-eat pancakes, sausage, orange juice, and coffee. Bring your family and friends. Advance reservations are encouraged although some tickets are available at the door.

Day	Date	Time
Sat	Dec 3	8am-11am

Fee: \$4.50 adults, \$3 children

"Meet Eleanor Roosevelt"

Historical dramatist, Roberta Randall presents a portrayal of Eleanor Roosevelt's life from her shy, lonely childhood to becoming first lady, UN delegate, Chairman of the Commission on Human Rights, mother, wife, and world traveler. Lunch precedes the program. The menu will be Portillo's Italian beef with a gourmet salad, and chocolate cake.

Day	Date	Time	Fee
W	Dec 7	12:30pm	\$14.50

"Just Lunch"

Join us for a lunch favorite, baked mostaccioli with garlic bread in December. Stay after lunch for cards, games, or social time. Remember, lunches are limited to 60 participants. Thanks for your support of this great new program!

Day	Date	Time	Fee
M	Dec 12	12:30pm	\$6

Reminder If you make reservations for an event, we will need your payment within 3 business days. If we don't receive it by that time, you may lose your reservation. Please remember to fill out the registration form completely with your name and phone number. We try to be flexible and accommodate everyone, and appreciate your cooperation. Let us know if you have any questions. Thanks for your help.

DECEMBER TRIPS

Hooray for the Holidays

The Grand Geneva Resort in Lake Geneva, Wisconsin, is the location for this holiday program and lunch. Grand Geneva is a wonderful destination as it is decorated for the season. There will be lunch before the show. The menu includes spinach salad, a duo entrée of beef tips and mini chicken wellington, with warm cherry cobbler for dessert. The show featuring a 6 piece orchestra and vocal group that will present music, costumes and choreography to put us in the holiday spirit. After the show, we will adjourn to the lobby lounge for more music and tea. Trip departs from the Senior Center.

Day	Date	Time	Fee
F	Dec 9	10am	\$92



Donny and Marie - Christmas in Chicago

The legendary Donny and Marie will be celebrating the joy of the season in true Osmond fashion, in person on the stage at the Ford Center/Oriental Theatre. The show will feature your favorite holiday hits mixed with their irresistible chemistry that made them international stars. This is a matinee performance and tickets are loge seating. No meal is included.

Day	Date	Time	Fee
W	Dec 21	12:15pm	\$110

WRITER'S WORKSHOP

NOVEMBER — A TIME FOR THANKSGIVING

By Renata Galassini, Writers Workshop Facilitator

The Park Ridge Senior Center celebrated its 30th anniversary this year. Members were asked to fill out an activity/interest survey. That put some of the Writers Workshop participants to thinking . . .

So . . . Who is a Senior? All seniors are not retired. All retirees are not Seniors. Some Seniors get forcibly retired from a place or job. Yet they often pop right back up, when and where they are least expected. Other Seniors take early retirement, then enjoy an affluent and restful life style, or maybe not. The “nots” also tend to return with a vengeance and restored energy.

What happens at places where Seniors gather? What do they focus on? They seem attracted to activities they enjoy the most. There are many choices at the Park Ridge Senior Center. After being certified as age fifty-five or more, a Senior pays the dues and begins to explore a long list of options. One thing can lead to another. For example, I began with the **Writers Workshop**. I was writing a family history. Because I needed to do historic research, I went to the **Genealogy** group. Next, I started to attend the **Computer** group because they could inform me how to research online, catalog information, and incorporate illustrations.

AhHa! While I can't make it to the **Camera/Photography** group on a regular basis, I do know where they are when I need them.

And there's more – Art Lessons, Music – ukuleles, chorus, stage performances. Most Seniors knew about GLEE clubs way before Jane Lynch was born. Over the years PRSC members donated stage lighting, a sound system, and grand piano. **Enjoy 1930-40s musical movies?** There's a projector and pull down screen, or a large, donated TV screen for DVDs with a center member available to recite the history behind operatic performances. There are **lunches**, some of which offer entertainment with the dessert. **Ceramics** and other creative crafts are the backbone of the holiday bazaar. There is a **Library** full of books, DVDs and VHS movies which can be taken home for the low, low cost of zero because they are donated. The honor system lives on!

Speakers and professionals of all kinds give free presentations about **community activities, finances and health care**. There are fee-based **excursions** to nature locations, theaters, museums, concerts, and architectural tours. Arrangements for longer, escorted trips are sometimes available.

SO YES! ...WE ARE ESPECIALLY THANKFUL FOR THE PARK RIDGE SENIOR CENTER FACILITY AND ITS WONDERFUL STAFF MEMBERS!

The next Writer's Workshop meeting is Monday, November 21, at 11am until Noon in the PRSC Library. There will not be a Writers Workshop meeting in December. Deadlines: Submissions for the December page are needed by November 4. Submissions intended for the January page must reach the facilitator no later than December 5. For more details, call 1-847-685-9044 or e-mail Renatahg@msn.com.

REGISTRATION

NAME _____ PHONE NUMBER _____

Please have a separate check for each event. Failure to do so may delay your request.

Event	Day	Date	Cost	# of People
Women's Club	Thursday	Dec 1	\$24.00	
Pancake Breakfast	Saturday	Dec 3	\$4.50	
Mens Club Christmas Party	Monday	Dec 5	\$14.00	
Golf Lunch	Tuesday	Dec 6	\$30.00	
"Eleanor Roosevelt"	Wednesday	Dec 7	\$15.00	
Hooray for the Holidays	Friday	Dec 9	\$92.00	
Just Lunch	Monday	Dec 12	\$6.00	
Senior Center Holiday Party	Tuesday	Dec 13	\$29.50	Fish___ Chx/Bf___
Exercise Christmas Party	Friday	Dec 16	\$14.00	
Holiday Music Celebration	Sunday	Dec 18	\$5.00	
Donny and Marie	Wednesday	Dec 21	\$110	
New Year Cabaret	Thursday	Dec 29	\$13.50	

Registration must not be mailed until the 10th of the month. If the 10th falls on a Sunday, the 11th becomes the mail date. "Postmarks" prior to mail date, will be placed at bottom of stack for 2 days. We will process mail as we receive it—as stacked and bundled by the carrier, top letter first. **WALK-IN OR PHONE-IN REGISTRATION BEGINS MONDAY, NOVEMBER 21**

Make checks payable to: PARK RIDGE SENIOR CENTER • 100 S. Western, Park Ridge, IL 60068

Credit Card Payment: _____ Visa _____ Master Card

(PRSC reserves the right to change a payment to reflect the correct fee)

Account Number: _____ Expiration Date: _____

Cardholder Name _____ Authorized Signature _____

Be aware that in signing up and participating in this program/trip/outing, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damage or loss which you might sustain as a result of participating in any or all activities connected with and associated with the above trips and events. (including transportation services and vehicle)

I agree to waive and relinquish all claims I may have as a result of participating in the program(s) against the Park Ridge Park District and its officers, agents, servants, and employees from any and all claims from injuries, damage or loss which I may accrue to me on account of my participation in the program(s). I further agree to indemnify and hold harmless and defend the PRPD and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me and arising out of, or in any way associated with the activities of the program(s). I have read and fully understand the above Program Details and Waiver Release of all Claims. **WAIVERS MUST BE SIGNED BY PARTICIPANT(S).** Facsimile signatures will be considered as original by the District.

PARTICIPANTS NAME _____

DATE _____



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